

















February

LinkedIn Learning February Challenge: Relationships Matter

Good relationships – whether they be romantic, familial, friendly, or professional – keep us **happier and healthier**. In fact, according to one Harvard study, people who are socially connected **live longer** than those who are not.

Given the importance of healthy relationships, we invite you to join the **LinkedIn Learning February Challenge**, kicking off **February 8th**, with content focused on **relationship building** and **collaboration**.

Challenge yourself to participate every day –it takes ~5 minutes or less. Don't have time to participate every day? No problem. The purpose of this challenge is to explore new learning opportunities and resources available through your free FSU LinkedIn Learning membership. Happy learning!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>7</p> <p>Challenge Starts Tomorrow!</p> 	<p>8</p> <p>Video : Benefits of Love at Work (1m 30s)</p> <p>Video : Being Great at Your Job: GIFT (2m 3s)</p>	<p>9</p> <p>Video : Building Relationships (2m 1s)</p>	<p>10</p> <p>Activity : Identify one colleague with whom you would like to strengthen your relationship</p> <hr/> <hr/> <hr/>	<p>11</p> <p>Video : Embrace Diverse Personality Types (3m 42s)</p>
<p>14</p> <p>Video : Five Challenges of Collaboration (3m 28s)</p>	<p>15</p> <p>Video : Five Benefits of Collaboration (2m 43s)</p>	<p>16</p> <p>Video : Listening in a Disarming Way (4m 19s)</p>	<p>17</p> <p>Video : How to Build Game-Changing Rapport (3m 5s)</p>	<p>18</p> <p>Video : Building Trust in Virtual Teams (3m 11s)</p>
<p>21</p> <p>Pop Quiz : In virtual settings, what is the #1 predictor of trust?</p> <p>a) Unmuting during meetings b) Reliability c) Creating small talk</p>	<p>22</p> <p>Video : Building Relationships at Work (1m 42s)</p>	<p>23</p> <p>Video : Relationship Building (1m 38s)</p>	<p>24</p> <p>Video : Building Relationships (3m 35s)</p>	<p>25</p> <p>Activity : List your biggest takeaway(s) from the February Challenge</p> <hr/> <hr/> <hr/>